



UNIVERSITY OF
GOTHENBURG

SAHLGRENKA ACADEMY CENTRE FOR PSYCHIATRY

SAHLGRENKA PSYCHIATRY LECTURES

Severe mental illness during pregnancy and the postpartum period

Föreläsare / Presenter: Professor Veerle Bergink, Icahn School of Medicine at Mount Sinai, New York

Lokal / Venue: Gösta Sandels, Medicinaregatan 9

Datum och tid: 5 maj kl 15:00-16:30 / Date and time: May 5th 3:00-4:30 pm



The lecture will cover the prevalence, incidence and recurrence risks of mood episodes, anxiety and psychotic episodes during pregnancy and postpartum. The lecture will provide guidance how to weight the short and long-term effects of psychotropic medication on the child, against the benefits for the mother. Biological changes of the perinatal period and immune dysregulation in postpartum psychiatric disorders will be discussed.

Professor Veerle Bergink is professor in psychiatry at the Icahn School of Medicine at Mount Sinai in New York where she is the director of the Women's Mental Health program. Prior to moving to Mount Sinai, she founded and directed the Perinatal Mental Health program at Rotterdam University.

Being specialized in reproductive psychiatry, her research aims to improve maternal and child outcomes. She has conducted randomized controlled trials, clinical cohort studies, neurobiological studies and used epidemiological research methods and has published extensively in high impact journals. Her research on prevention of postpartum psychosis was listed twice as top 10 most important clinical studies in the entire field of Psychiatry, selected by the publishing group of the NEJM.

Välkommen / Welcome!

Mikael Landén